**Ananda Valley Farm**

**Spiritual Farming Internship Application**

Please complete this form. All applications are kept confidential. Once your application is received and reviewed, you will be contacted as soon as possible, as to your acceptance into the program.

If accepted, you will be eligible for a two-week trial period to see how the program works for you and for the Farm.

We look forward to hearing from you!

1. Full Name:
2. Day time phone: Evening time phone:
3. Marital Status:   Single   Married
4. Why would you like to be part of this program?
5. Have you ever lived in an ashram environment or participated in a similar program such as our internship program before? yes no
If yes please specify location/program and approximate dates
6. What, if any, is your previous experience with Ananda?

1. What is your previous experience with the spiritual path in general? Please discuss any meditation practice you might have.

1. Ananda Valley Farm, as part of Ananda, is dedicated to following the non-sectarian teachings of Paramhansa Yogananda. While we do not proselytize, this is the spiritual tradition that is expressed here. Because the internship program guests spend at least one month at the farm, it's important that they be open to learning and experiencing what we share here. Our spiritual life is dedicated to God and our particular lineage of yoga masters, including Jesus Christ and Paramhansa Yogananda. Is this comfortable for you? yes no
Please explain why
2. What are your preferred dates for participating in this program?
The minimum stay is one month. Longer durations are encouraged and preferred.
3. Daily service includes dishwashing (with heavy pots and pans) and housekeeping (cleaning bathrooms, vacuuming, etc.). Will you be able to handle this in a responsible and energetic fashion?
yes no
4. Do you have special skills such as gardening, carpentry, housekeeping, or cooking?

 yes no
If yes please specify

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| 1. Are you willing to commit to attending at least one session of yoga postures and meditation per day? yes no
2. Ananda is a vegetarian community (milk and eggs are consumed). Realize you cannot bring meat or fish onto the property.
3. Music powerfully influences one’s consciousness. Many types of spiritual music can uplift ones consciousness and many other types have the opposite effect. All people living at or visiting the farm are asked to only play their music using earbuds so it will not to disturb others.
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| 1. Do you commit to not using illegal drugs, marijuana, cigarettes, or alcohol either on or off the property while you're in the Internship Program? yes no

None of these are allowed on the property. |
| 1. Can you bring your own tent and sleeping bag to live in? (A limited number of donated tents may be available.)yes no
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| 1. Please provide your permanent residential address:
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| 1. Do you have a residence to return to at the conclusion of your stay in the Internship Program? yes no
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| * 1. Do you have your own transportation to the Internship Program?yes no
	2. If not, will you be taking public transportation? yes no
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| 1. Have you ever been convicted of a felony? yes no
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| 1. Do you snore? yes no

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| 1. You must have Medical Insurance to apply. Please give us your medical insurance information:Name of Carrier Expiration date of policy Policy number Deductible Please bring your insurance card with you.

If you have questions or concerns about your diet, please elaborate in detail. |

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| 1. Please provide two references:

Name Phone Number   Work Title Relationship Name Phone Number   Work Title Relationship  |
| Please include a resume or work history from the past 10 yearsIf you prefer, you can email your resume or work history to AnandaValleyFarm@gmail.com1. How did you hear about us?

Thank you for your application. |